

Care and Support Services

ΩMEGA
COMMUNITIES



Omega - Tailored Suite of Services

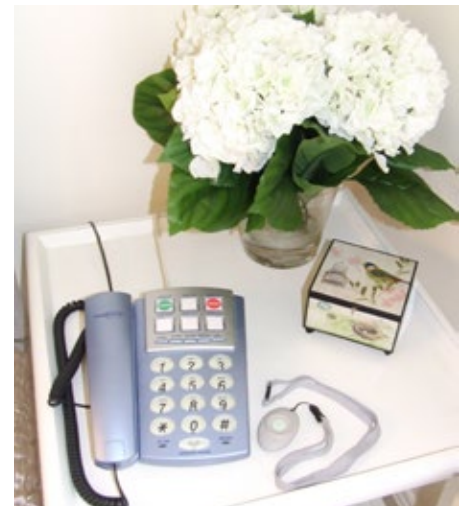
Our specialised tailored suite of services are a unique concept that distinguishes us from many other retirement villages or seniors accommodation options. Every service we provide is optional and can be tailored to suit your individual needs, so you can have as much or as little, as you want.

We provide you and your family with peace of mind knowing you are safe and secure. You'll always have someone looking out for you and help is on hand 24 hours a day, 7 days a week – enabling you to enjoy *independence as you want it and care as you need it* – ideal for the best in elegant senior living.



“The staff are wonderful, caring, efficient. Glenbrook is now home and I can’t think of a nicer place.”

- resident from The Glenbrook



“I cannot praise the staff highly enough. They are always polite, helpful and always friendly.”

- resident from Leabrook Place



Dining Options

The chore of cooking could be a thing of the past, why not opt for convenience with a variety of delicious and nutritious meals prepared daily by our chefs, plus you can enjoy the company of fellow residents rather than eating alone. It's your choice:

Occasional Meals

Make your selection on the day from our menu board.

One/Two Course Meal Packages

Daily one/two course meal plus tea/coffee is freshly prepared by our Chef and served in the dining room or delivered to your apartment. Select from our menu board with options of full or light meals. Our special occasion meals are also included in your package cost and most special dietary requirements can be accommodated.

Cleaning Services

Forget the mundane household chores that take you away from enjoying life. Why not take advantage of a trusted and reliable helping hand, and experience one of our many flexible cleaning services for yourself. Very easy to organise and change to suit your needs, you might just choose to have an occasional "Spring Clean" to help freshen things up now and then.

General Cleaning

Once a week or fortnight, on a designated day, our FamilyCare Assistant will assist you by cleaning your apartment. Services include vacuuming, dusting, cleaning/sanitising of your kitchen, bathroom and laundry... to name a few.

Housekeeping

Our FamilyCare Assistant can assist you daily by making the bed, cleaning and sanitising toilet and shower, washing breakfast dishes and removing rubbish.

Laundry Services

Our FamilyCare Assistant will wash, dry and fold your washing in our laundry facility. Ironing services are also available.

Handyman Service

Our on-site Handyman is able to assist you with a wide variety of tasks from changing light globes, hanging your paintings on the wall, assembling small items of furniture, to watering your pot plants while you are away on holidays etc.

Settling-In Service

This transitional service will assist you to feel more comfortable after moving into your new Omega apartment. This service will provide you with assistance in orientating yourself to not only the village and surrounds, but also to how your apartment works.

Personal Assistance and Care

Even though you may never find it necessary to utilise the personal assistance and care services that are available, you can feel secure in the knowledge that a trained team member is always there. Our FamilyCare Assistants will help you with your usual activities of daily living, including assistance with showering/personal hygiene, dressing/undressing or preparation of light breakfast/lunch.

24 Hour Emergency Call System

Our in-house call system provides 24 hour access to on-site staff for assistance.

Chaperone Services

Even a Chaperone Service is available to help you with the shopping or as a companion for attending appointments and social events. It's about making life that little bit easier.

Medication Prompt

At the designated time and daily frequency determined by your Doctor, our FamilyCare Assistants can come to your apartment and remind you to take your medication.

Extended Care Services

Omega Communities are very pleased to work closely with St Louis Aged Care, providing additional convenience and support to our residents and their families. St Louis is a well known and respected provider of both Residential Aged Care and Home Care Services (both government funded and private care services). In addition to the provision of extended care services to residents of both Leabrook Place and The Glenbrook, St Louis have offered to provide information and assistance* to help you with the complex and tiresome task of navigating access to additional services and ACAT assessments. St Louis offer a broad range of support services, providing an extension to the Omega Care Services, in areas such as medical support and in-home equipment, nursing care (wound management, chronic disease management, post hospital care), physio, bus trips, "Strength for Life" exercise programs and live-in overnight support.

At Your Service

Our Resident Services Manager is on site during business hours and support staff are on site 24 hours a day, 7 days a week to assist you. So, any additional assistance you may require can be arranged. No matter how small or large your request may be, we are happy to be of service.

Aside from housekeeping, personal assistance services and fine food, we can also assist you with just about any other service that you may require.

Below is a taste of the many flexible care and support benefits available at both Leabrook Place and The Glenbrook, and how we compare to other accommodation options you may be considering. Feel free to call us for more information, we'd be only too happy to talk you through these and work with you and your family to tailor these services to your lifestyle.

COMPARE THE BENEFITS	STAY IN YOUR HOME	RETIREMENT LIVING UNIT	NURSING HOME	OMEGA COMMUNITIES
Care services on-site 24hrs/day	X	X	✓	✓
Maintenance free lifestyle	X	✓	✓	✓
Pharmacy delivery	X	X	✓	✓
Medication prompts	X	X	✓	✓
Pets welcome	✓	Sometimes	X	✓
Restaurant quality meals	X	X	X	✓
Social interaction & activities	X	✓	✓	✓
Like minded neighbours	X	✓	X	✓
Household chores taken care of	X	X	✓	✓
Visitors able to stay	✓	✓	X	✓
Family freed up from providing care	X	✓	✓	✓
High level of safety & security	X	X	✓	✓
24 hour emergency call system	X	X	✓	✓
Couples stay together	X	X	X	✓
No asset testing	✓	✓	X	✓
Maintain independence	✓	✓	X	✓
Extended Care Services - including nursing	X	X	✓	✓

Correct as at publication, subject to change without notice. July 2017.

Leabrook Place - 17 Tusmore Avenue, Leabrook SA 5068

The Glenbrook - 25 L'Estrange Street, Glenside SA 5065